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**Chen Employee Birthdays**

**Chenniversaries**

 March 14 Patrick Kaimrajh, P.E.	 March 21 Bill Daly	 March 31 Todd Nochomson	 March 24 - 2 years Jason Sutton, RLA	 April 6 - 1 year Pamela Munoz	 April 11 - 5 years Andres Aristizabal
 April 12 Jason McClair, P.E., CFM, LEED® AP	 April 15 Jose Tamo	 April 15 - 15 years Jason McClair, P.E., CFM, LEED® AP	 April 20 - 5 years Jason Haeseler, P.E.	 April 21 - 1 year Andrew Savage, E.I.	
 April 26 Mike Wood	 May 26 Pamela Munoz	 May 14 - 4 years Jose McCray	 May 30 - 10 years Jennifer Smith, P.E.		

**Celebrating 10 Years of Service**

Joel Brownsey, E.I., Suzanne Dombrowski, P.E. and Jennifer Smith, P.E. recently celebrated their 10th Chenniversaries at a joint celebratory breakfast on January 28, 2016. Joel has worked on a variety of projects with CMA, including CADD support and now serving as a field engineer for Broward County Water and Wastewater Services. Suzanne joined the firm as an associate engineer and was promoted to West Palm Beach office manager in 2014. Jennifer began her CMA career as an intern and now services as an assistant project manager for clients in Broward County. Congratulations!



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**Future Cities Program**

On January 16, 2016, CMA Vice President Jose Acosta, P.E. served for the third year in a row as a professional engineering mentor to Nautilus Middle School students located in Miami Beach as part of the Future Cities Program. The mentorship is specifically designed to help students with the Future Cities Competition held at Florida International University. Members of FES Miami, ASCE Miami and CAACE served as judges for the competition. For more information, please visit <http://aln.fiu.edu/futurecity/>



**A Message from the President**

Clients, Colleagues and Friends of CMA:

I hate New Year Resolutions. While this isn't a unique opinion, this year it is somewhat of an ironic statement. Typically, I think that trying to change yourself at an arbitrary date is unrealistic and, for health goals in particular, trying to make lifestyle changes when the entire holiday season is against you is setting yourself up for failure. But this year, I'm really trying to make some changes – not exactly starting on January 1st, but the timing is close enough. Regardless of how you feel about resolutions, their timing, or their validity, I do hope that 2016 is a great year for you, and, as always, I hope that my musings help you gain just a little perspective.

My first change is trying to be healthier, which is the most cliché of resolutions. In reality, this started well before the new year when several of my good friends ganged up on me to remind me that I hadn't had a checkup in nearly a decade. After several failed attempts at scheduling an initial visit, I found a fantastic group with great customer service. After a very positive examination (except for a male checkup that occurs after 40) and before I was sent for bloodwork, I was told that everything was in great shape with the exception of slightly elevated blood pressure. Staring down at my protruding stomach, the doctor mentioned that before he gave me medicine, he wanted me to try lifestyle changes. Instead of prescribing exact regiments to me, he simply stated, "you need to exercise more and lose..." He left the statement hanging. I thought about that, the weight I saw recorded on the chart and blurted out, "twenty pounds?" He nodded, wrote it down and moved on. I agreed and committed to my weight loss. I knew that I was hooked and I was responsible for my health. While that sounds simplistic, it was also powerful and led me to looking at other things in my life.

I'm a tightly-wound person, or so I've been told. I'm the person who you will see thinking off into space with one leg bouncing furiously – and if you try to stop that leg because it inevitably annoys you, the other leg starts going. I've always been like that and, though my Board tells me I'll slow down eventually, I see no signs of it in "middle age". That makes me relentless. Great for the problems I try to solve, the projects I try to execute, and the communities I try to help, but it also takes its toll.



I'm quick to get frustrated with people over the tiniest details – especially relating to my schedule. I can't help but get irritated over people being two minutes late, regardless of other engagements I've agreed to. I treat verbal agreements for something as simple as "let's catch up Tuesday" as contracts that should not be broken. I will notice if the smallest detail that was agreed to is missed and I push myself so hard for success that once it is achieved, I typically ask what's next before even celebrating the accomplishment or win. Unfortunately, I am the harshest critic of myself and I apply my rigid standards most to those close to me. Most people congratulate the results from this Type A behavior, but few question the inner workings of how those Type A people get those results.

Before I go off into another neurotic Machiavellian rant, I want to state that not all Type A people, myself included, act that way all the time. I want to apply the lesson about my health to these traits. I'm making a verbal contract with myself to appreciate that someone wants to spend time with me more than when they show up. I'm making a contract to remember to truly enjoy reaching an accomplishment and to celebrate a win. I'm making a contract with myself to stop getting in my own way and to be happy. In 2016, my resolutions are contracts with myself to be happy and healthy, because someone who is truly both can change the world – and do it without hurting themselves or others.

You will notice in this Quarterly, there are no project promotional materials, with the exception of our work for the Non-Profit Orange Bowl Committee (Page 2). Whether it be work in the Future Cities Competition (Page 1), the Movember Foundation (Page 2), United Way of Broward County, helping the less fortunate in Riviera Beach, or the University of Florida Alumni Association (all three, Page 3), we will continue to give back. We also want to celebrate our great staff like Eric (Page 2), each other (Holiday Party page 3) and, truly humbling, the dedication of our long serving staff (Page 4). I want everyone to think about something, big or small, that can make a difference in themselves and their communities and make that little verbal contract with yourself.

Peter Moore, P.E., LEED® AP, F. ASCE  
 President

## CMA Supports Movember Foundation

In support of the Movember Foundation, Chen Moore and Associates raised funds and awareness for men's health. The CMA campaign was led by Senior Engineer Patrick Kaimrajh, P.E. There were two ways to participate: sign up to grow a moustache for 30 days, or take the MOVE challenge and get active every day for 30 days.

For information about donating, please visit <http://mobro.co/pkaimrajh> and <http://moteam.co/miami-dade-asce-upper-lipholsters>

With the Miami-Dade Branch ASCE, Patrick raised \$444! The Movember Foundation is a global charity committed to men living happier, healthier, longer lives. Since 2003, millions have joined the men's health movement, raising \$650 million and funding over 1,000 programs focusing on prostate cancer, testicular cancer, poor mental health and physical inactivity.

For more information, please visit <http://us.movember.com/programs/strategy>



## Orange Bowl Field at Ives Estate Park Opens

The Orange Bowl Field at Ives Estate Park grand opening was held on December 3, 2015. As part of its celebration of the 81st Annual Orange Bowl in 2014, Chen Moore and Associates provided civil engineering for the the Orange Bowl Committee to design a synthetic turf football field within Ives Estates Park in Miami. CMA performed utility coordination, preliminary and final engineering design, government permitting, bidding assistance and construction observation services. The design included the modification of existing soccer fields to accommodate the synthetic turf field, extensive drainage modeling of the 80 acre park, site grading, and pedestrian pathways. The new design includes a field underdrain system interconnecting to the overall park's stormwater management system.



## Stuart Magazine

CMA Landscape Architect Eric Harrison, RLA was recently featured in Stuart Magazine! See the complete article entitled 'Shaping Our City' here: <http://bit.ly/1R6Hpol> Eric is one of 10 landscape architects highlighted who has helped to enhance the City's natural beauty. Congratulations Eric!



## United Way Day of Caring

Chen Moore and Associates continued our tradition of helping those in need this holiday season by participating in the United Way Day of Caring event on December 4. This year's event was held at the BB&T Center in Sunrise where volunteers prepared food packages and boxed meals for the hungry. CMA volunteers included Peter Moore, P.E., LEED® AP, F. ASCE; Safiya Brea, P.E., LEED® AP; Jennifer Smith, P.E.; and Derrick Smith, CFM, LEED® AP. In addition, CMA staff donated non-perishable food items. For more information, please visit <http://www.unitedwaybroward.org/>



## CMA Annual Holiday Party

The CMA Holiday party was held December 18, 2015 at the Lake Pavilion in West Palm Beach. The event was a great opportunity for our employees to socialize and commemorate a successful 2015. The evening included a welcome speech from our President Peter Moore, P.E., LEED® AP, F. ASCE, a year-in-review slide show, reliving both firm and employee milestones throughout 2015 and a photo booth to commemorate the evening.



## Turkey Giveaway

Suzanne Dombrowski, P.E. and Mike Wood volunteered their time on November 24 at the 7th Annual Thanksgiving Turkey Give-A-Way in Riviera Beach. The program is hosted by Councilman Cedrick A. Thomas in his efforts to feed the hungry. Families in need received one turkey per family.



## University of Florida

CMA President Peter Moore, P.E., LEED® AP, F. ASCE and his wife Cariann were recently mentioned in an informational University of Florida brochure highlighting alumni who are also Broward County residents. Peter and Cariann were described as 'some of Florida's boldest visionaries and most loyal residents who are homegrown community leaders and philanthropists.' The commentary also cited how 'they and so many other alumni have shaped the region and the University of Florida through their generosity of time, talent and treasure.' For more information about UF, please visit <http://raiseyourvoice.ufl.edu/>

